

St. Joseph's 2025-2026 **Nutrition Program**

We're keeping your favorite meals and building new, diverse menus for healthy, kid-friendly lunches at SJS.

Daily Rate Semester Plan

Preschool Lunch \$5.95 \$5.00 K-5 Lunch \$8.95 \$7.45 \$9.10 Adult Lunch \$11.00

- Second helpings included
- Dietary restrictions accommodated
- Organic milk and milk alternatives
- Celebration treats and field trip lunches available for pre-order

Receive over a month of free **lunches!**

Opt-in to the Semester Plan and receive a discount equating to ~30 free meals! No prepay required; pay throughout the year per usual and enjoy the added discount for participating every day.

Submit **Student Food Allergies:**



Sign up for Semester Plan:



Birthday **Treats:**



Pre-order

DAILY MENU



Hot Bar

Weekly themed menus include protein, vegetables, starch, and soup



Cold Bar

Caesar and traditional salad with an rotation of fresh fruits and raw vegetables



Whole Fruit for All

Our whole fruit bowl is available to all students, whether packing or purchasing a lunch

WHY CHOOSE SCHOOL LUNCH?

We know you have options for lunch. Our school lunch pricing reflects our desire to provide students fresh, balanced menus without sacrificing ingredients.



Chick fil a Kid Meal \$5.99 McDonald's Happy Meal \$6.19 Jimmy Johns Kid Combo \$8.19



St. Joseph's Catholic School

AUGUST 2025 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*Available Daily: -Fresh Cut and Whole Fruit -Raw Veggies -Soup of the Week -Traditional House Salad / Caesar Salad -Meat and Milk Alternatives
CLASSIC SCHOOL	4 Chicken Tenders with Sweet Potato Fries	5 Spaghetti Casserole	6 Cheeseburger w/Kettle Chips	7 Chicken Parmesan	8 Pizza Bar: Margherita, Pepperoni, Veggie	Soup of the Week: Italian Wedding Soup Vegetable of the Week: Zucchini Squash Medley
ITALIAN	11 Classic Spaghetti with Meatballs	12 Baked Ziti	13 Fettuccine Alfredo w/ Grilled Chicken	14 Lasagna	15 Pizza Bar: Margherita, Pepperoni, Veggie	Soup of the Week: Italian Wedding Soup Vegetable of the Week: Zucchini Squash Medley
MEXICAN	18 Tacos: Beef, Chicken or Veggie	19 Mexican St. Corn Pasta	20 Chicken Enchiladas	21 Burrito Bowl	22 Nacho Bar	Soup of the Week: Mexican Tortilla Soup Vegetable of the Week: Spanish Rice and Black Beans or Pinto Beans
FRENCH	Croque Monsieur (ham, cheese, arugula bechamel)	26 Quiche Lorraine	27 Coq a Vin (braised chicken, mushroom and onion)	28 Provencal Tuna Salad Sandwich	29 Ratatouille Pasta	Soup of the Week: French Onion Soup Vegetable of the Week: Garlic Roasted Potatoes and French Green Beans

Our lunch program follows seasonal availability of produce. We will do our best to inform families in advance when a menu item is changed due to unavailability. Sign up for Semester Plan:



Pre-order Birthday Treats:







St. Joseph's Catholic School

SEPT 2025 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*Available Daily: -Fresh Cut and Whole Fruit -Raw Veggies -Soup of the Week -Traditional House Salad / Caesar Salad -Meat and Milk Alternatives
AMERICAN	1 LABOR DAY NO SCHOOL	2 MAC N CHEESE W/ PULLED PORK	3 CHICKEN TENDERS & Sweet Potato Fries	4 Cheeseburger w/ Kettle Chips	5 Pizza Bar: Cheese, Pepperoni, Veggie	Soup of the Week: Broccoli Cheddar Vegetable of the Week: Baked Beans
CREOLE	8 Red Beans ℰ Rice	9 Chicken Poboy	10 Jambalaya (chicken & sausage)	11 Roast Beef w/ Cabbage	12 Lightly Blackened Fish	Soup of the Week: Gumbo Vegetable of the Week: Maque Choux (corn)
CHINESE	15 Sweet & Sour Chicken	16 Char Siu (bbq pork)	17 Beef & Broccoli	18 Shrimp Lo Mein	19 Sesame Chicken	Soup of the Week: Miso Soup Vegetable of the Week: Vegetable Fried Rice
PUERTO RICAN	22 Beef or Veggie Empanadas	23 Pernil (slow roasted pork)	24 Pastellón (puerto Rican lasagna)	25 Arroz con Pollo	26 Mofongo	Soup of the Week: Puerto Rican Pink Beans Vegetable of the Week: Sofrito Rice
CUBAN	29 Cuban Sandwich	30 Black Beans and Rice (Moros y Cristianos or Arroz Congrí)				

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OCT 2025 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*Available Daily: -Fresh Cut and Whole Fruit -Raw Veggies -Soup of the Week -Traditional House Salad / Kale Caesar Salad -Meat and Milk Alternatives
CUBAN			1 Arroz con Pollo (chicken)	2 Ropa Vieja (shredded beef)	3 Ground Turkey Picadillo	Soup of the Week: Rice and Black Beans Vegetable of the Week: Plantains
GERMAN	6 Sauerbraten (beef pot roast)	7 Bratwurst	8 HALF DAY NO LUNCH	9 NO SCHOOL	NO SCHOOL	Soup of the Week: Linsensuppe (Lentil soup) Vegetable of the Week: Rotkohl (Red Cabbage)
JAPANESE	13 Teriyaki Chicken	Ramen with boiled egg, sliced pork, green onion	15 Chicken Katsu	16 Udon Noodles with Shrimp Tempura	17 Yakisoba (beef stir fry noodles)	Soup of the Week: Miso Soup Vegetable of the Week: Steamed Jasmine Rice & Stir Fry Veggies
AFRICAN AMERICAN	20 Baked Chicken	21 Pork Ribs	22 Roasted Turkey	23 BBQ Chicken	NO SCHOOL	Soup of the Week: Collard Greens Vegetable of the Week: Mac n Cheese and Candied Yams (cornbread)
GREECE	27 Chicken Shawarma	28 Spanakopita	29 Souvlaki (grilled chicken skewers)	30 Falafel Gyro	31 Greek Pizza	Soup of the Week: Avgolemono Greek Egg Lemon Soup Vegetable of the Week: Greek Potato Hash, Pita Bread and Hummus

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NOV 2025 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*Available Daily: -Fresh Cut and Whole Fruit -Raw Veggies -Soup of the Week -Traditional House Salad / Caesar Salad -Meat and Milk Alternatives
AMERICAN	3 Chili-cheese Hot dogs	4 MAC N CHEESE W/ PULLED PORK	5 CHICKEN TENDERS & Sweet Potato Fries	6 Cheeseburger w/ Kettle Chips	7 Pizza Bar: Cheese, Pepperoni, Veggie	Soup of the Week: Broccoli Cheddar Vegetable of the Week: Root Vegetable Medley
VETERANS WEEK	10 SPAGHETTI CASSEROLE	11 NO SCHOOL	12 Grilled Chicken	13 BBQ Porkchops	14 Cornbread Casserole	Soup of the Week: Chili Vegetable of the Week: Baked Potatoes with Toppings
COMFORT FOOD	17 HONEY BAKED HAM w/ Mac n Cheese	18 CHICKEN SPAGHETTI	19 MEATLOAF w/ Mashed Potatoes	20 ROASTED TURKEY / Thanksgiving Spread	21 Assorted Sliders & Loaded Fries	Soup of the Week: Chicken Noodle Soup Vegetable of the Week: Green Bean Casserole
THANKSGIVING BREAK	NO SCHOOL ALL WEEK	25	26	27	28	Soup of the Week: Puerto Rican Pink Beans Vegetable of the Week: Sofrito Rice

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DEC 2025 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*Available Daily: -Fresh Cut and Whole Fruit -Raw Veggies -Soup of the Week -Traditional House Salad / Caesar Salad -Meat and Milk Alternatives
CANADIAN	1 Grilled Cheese Sandwich	2 Beef Pot Pie	3 Poutine = Loaded Fries w/ Gravy	4 Maple Glazed Salmon w/ Roasted Vegetables	5 Chicken Tenders w/ Mashed Potatoes	Soup of the Week: Split Pea Ham Soup Vegetable of the Week: Maple Carrots
SWEDISH	8 Köttbullar = Swedish Meatballs	9 Kitchen Med Bröd= Swedish Hot Dogs w/ Kettle Chips	10 Smörgas = Open Faced Sandwiches (Rye, Roast Beef, Swiss Cheese)	11 Cardamom Waffles & Chicken Sausage	12 Cheeseburgers!	Soup of the Week: Seafood Chowder Vegetable of the Week: Apple Broccoli Salad
CHRISTMAS	15 Honey Baked Ham or Turkey Sliders	16 Chicken Parmesan w/ Spaghetti	17 Grilled Chicken & Rice Bowl	18 Christmas Breakfast for Lunch! 1	19 HALF DAY / NO LUNCH	Soup of the Week: Minestrone Vegetable of the Week: Green Beans (3 different ways)
CHRISTMAS BREAK: Dec 22ND-Jan 4TH	22	23	24	25 ▲ MERRY CHRISTMAS!	26	

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